



NW Regional AVA News and Information for Alaska, Idaho, Oregon, & Washington

SANDI SEVERTSEN (RD) and PAT JEWETT (DRD)

#3 NW Regional News 8/6/2025

Hello Northwest Walkers!

The best thing we can do for ourselves to keep healthy, is to go outside and walk. The summer months are bursting with so many opportunities to walk anytime from morning till evening!! For those of you traveling, including our friends now in Finland, safe travels and enjoy those Dambo Trolls! Hope to see you on the trail, but before I do...

Actions for Clubs:

- All the 2025 walks have been uploaded to 2026. Thank you to those clubs who have already renewed their walks. I now need to hear from the rest of the clubs. (list attached of clubs who need to take action.)

For a refresher; here are the steps you need to take to renew or not renew walks:

- a. Sign into your club account on my.ava.org
 - b. Click on "Sanction" tab.
 - c. Click on "Edit/New" tab.
 - d. Look for "Event Renewals" on your screen.
 - e. Click on "review" which is to the left side of each walk.
 - f. The next step is one of the following:
 - i. Click "edit" to make necessary changes to your walk, and click on "publish" then click on "req renew".
 - ii. OR if there are no changes to the club walk, click on "req renew" or "do not renew"
- Do this for each of your walks. I'll know what do to from there. The deadline is August 31, 2025. A few minor changes can be made after that. Click on [refresher on OSB](#) for basic information on directions/walks.
 - Attribution of map directions, should be on or near the map. Example:



Map Data Copyright [OpenStreetMap Contributors](#)

Let me know if I can help with questions.

- AVA special programs are listed on my.ava.org website, but state challenges from ESVA or OSTVA are not. If you want to include ESVA or OSTVA challenges in your OSB, please add them to the "comments" section. There is also a 2026 "challenge sheet" (attached) that you can list all the challenges on.

Alert:

Beware of companies that offer services for filing your non-profit status. The newest one is "US Filing Services". They are offering clubs help with non-profit filing to Washington Secretary of State. This is not a free service. They charge clubs for this service.

Multi-events coming up:

10/2/2025 - 10/5/2025 [Walking Stevens Pass to Leavenworth](#), sponsored by Interlaken & Central Washington Sun Striders

10/11/2025 - 10/13/2025 [Hike Lincoln National Forest in Ruidoso NM](#), sponsored by West Texas Trail Walkers

10/16/2025 - 10/19/2025 [Shady Cove, Oregon](#), sponsored by Columbia River Volkssport

10/17/2025 - 10/29/2025 [24th U.S. FreedomWalk Festival](#), sponsored by U.S. Freedom Walk Festival

Until next time,

Sandi Severtsen (NWRD)

Pat Jewett (NWDRD)